

Spacers Supplied at Bendigo Health

For any queries regarding spacers contact the allocated pharmacist to your area/ department.

The e- chamber requires cleaning every 30 days. For all COVID patients contact the pharmacist to issue a new spacer.



Recommendations for use



Remove cap and shake the puffer, then insert puffer into the spacer as shown



Place lips around mouthpiece (Use a mask if unable to maintain seal with lips) Breathe out into spacer, press puffer once



Breathe in and out normally through the mouth 4 times If more than one puff is required, repeat steps 1-3

Patient cleaning instructions



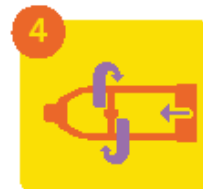
Remove base (for La Petite model click apart middle section)



Wash in soapy water and do not rinse



Allow to air dry



Reassemble and inspect device before use



e-chamber
La Petite
Ideal for infants and children







e-chamber
La Grande
Ideal for older children and adults

Please note

- e-chamber spacers are made from anti-static plastic, so priming is not required
- Ensure a good seal with lips around the mouthpiece and always have the spacer in your mouth when you press the puffer
- Use a mask for infants, toddlers and anyone that cannot seal their lips around the mouthpiece (always ensure a good seal is achieved with the mask)
- Always follow the instructions provided on your asthma/COPD inhaler
- Check for foreign objects, broken or deteriorated parts prior to use and replace immediately if damaged or missing parts are evident
- It is recommended to replace your spacer every 12 months.



How to use a spacer and mask

1		<p>Remove cap from puffer Hold puffer upright and shake well</p>
2		<p>Attach puffer to end of spacer</p>
3		<p>Gently place mask over mouth and nose so there are no gaps around the edges Ask child to breathe out gently, or for younger children, watch when they have breathed out</p>
4		<p>Press down on puffer once to fire medication into spacer Ask the child to breathe in and out normally for 4 breaths</p>
<p>To take more medication, shake puffer and repeat steps 2 - 4</p>		